

let's GO curling!



Project Outline:

This project is supported by the NOCA in conjunction with the Ontario Trillium Foundation. The program will provide your curling club with fun curling activities that will address the needs of both new and experienced curlers of all ages to numerous aspects of the game. This program also provides an opportunity for certification as an instructor or coach, who will then be available in the club as a resource for years to come. Ideally, this program of curling activities would be scheduled at any time during the curling season which best fits with your club's schedule. It may also be used as a special event for your club.

Program:

The intention of the Let's GO Curling Program is to provide a variety of activities that will meet the needs of the curling club in its community. The program schedules some specific topics, see sample agenda; however, it is very flexible to accommodate all those in attendance and generate the best outcome and participation for the club. In every case, NOCA will endeavour to bring a NOCA Provincial champion to the event.

Sample Agenda:

Day 1: 7:00 PM – 10:00 PM	Introduction of Club Coach – Youth Certification Program This is a 6 hour program that could be part of the weekend. Other courses, Club Coach, Competition Introduction Certification, Coach Evaluation, Officiating, could be offered depending on the club's needs
Day 2: 9:00 – 10:30	Learn to Curl Little Rocks ages: 8-12
10:30 – 12:00	Learn to Curl Teens ages: 13-18
12:00 - 1:00	Lunch
1:00 – 3:00	Learn to Curl for Adults
3:00 – 3:30	Break
3:30 – 5:00	Team Instruction or Strategy session
5:00 – 6:00	Ask Me Anything (Technical that is!)
Day 3: 9:00 – 12:00	Completion of Club Coach – Youth Program
10:00 – 11:00	Doubles Curling (Mixed or otherwise!)
11:00 – 12:00	Stick Curling (Sturling)
12:00 – 1:00	Lunch
1:00 – 3:00	Family Funspiel and Challenge Games
3:00 – 4:00	Wrap up and Evaluation of weekend

Value:

This program will provide value to your curling club by offering your community more than the traditional game of curling. The value of being able to offer a variety of curling activities that will appeal to a broader audience will open the doors of your curling club with the potential of bringing new members and rejuvenate existing members.

Cost:

The cost of the activities in the program will be determined by the host curling club. For any coaching course, there must be a fee charged to cover the costs of the reference materials and registration with the Coaches Association of Canada. This may be a minimum of \$50.00 and will be confirmed on the booking of the event.

Availability:

The number of Let's GO Curling Weekend programs offered through this funding is limited. Clubs will be selected based on the quality of their proposal. Proposals should be sent to Leslie Kerr at the NOCA office via email or fax. Clubs wishing to get further information about the program can contact Dick Henderson.

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For More Information Contact:

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