

## Groupings

### Intermediate:

- 13-15 years old
- 2 to 5 years of curling with coaching
- some competitive experience
- all 14 year olds must be in this group

### Advanced:


- 15-16 years old
- 4-8 years of curling with coaching
- experience at Regional or Provincial levels
- all "new" 15 year olds must start here or in Intermediate


### High Performance:

- 16-19 years old
- at least 5 years of competitive curling experience, with background in Zone, Regional, Provincial, or National play
- solid skill development through quality coaching

As of this year, the registration form can be accessed and downloaded online, via both the Northern Ontario Curling Association website: [www.curlno.ca](http://www.curlno.ca) or the new Amethyst Curling Camp website: [www.amethystcurling.ca](http://www.amethystcurling.ca) (under the heading: 'Registration'). Should you wish to have a hard-copy of the registration forms mailed to you, we ask that you please contact the Northern Ontario Curling Association office.

### Visit us at:

 [www.amethystcurling.ca](http://www.amethystcurling.ca)

 @AmethystCurling

 Amethyst Curling Camp

## The Amethyst Curling Camp

"Our 18th Year"

Sunday, June 28 - Friday, July 3

- 96 spots available in 3 categories
  - Intermediate
  - Advanced
  - High Performance
- All transportation during the camp will be by school bus only - the use of cars by campers is not permitted.
- Classroom & on-ice activities will include:
  - delivery analysis using video
  - brushing & sweeping skills
  - strategy
  - practice drills and games
  - mental toughness training
  - physical training and nutrition
  - individual and team practice planning
- A physical education component including the use of Laurentian University campus and pool.
- Olympic sized ice arena.
- Supervised shared accommodations at Laurentian University. The coaching staff stay here as well.
- Different social events each evening organized by graduates of the Amethyst camps.
- National coaches and other top Ontario Provincial coaches will be instructing at the camp as well as several of the coaches from the Trillium camp. Come and learn from the best.



## AMETHYST CURLING CAMP

The Amethyst Camp in Sudbury has a sensational setting at Laurentian University and an Olympic sized ice arena. The camp will feature many of the top coaches and instructors in Canada and offers three placements for young curlers: Intermediate, Advanced and High Performance. If you are a junior or bantam curler, aged 13-19, Amethyst offers you a wonderful setting to improve your curling skills and make new friends.

Sudbury  
Ontario

Northern  
Ontario  
Curling  
Association

June 28-  
July 3  
2015



Information Pamphlet

This camp is a wonderful opportunity for young curlers to grow in their knowledge of the game, and to experience many of our top coaches from Ontario and other parts of Canada. This year, National Coaches from Canada will be on staff full-time as will the former National Coaches from Germany, Netherlands and Austria. The staff includes our best Provincial Coaches and several graduates of the camp who have experienced success at the National level of competition. Our staff of coaches are great teachers of the sport.

Besides the development of his or her skills, each camper will meet other young people who love the sport and wish to improve. Many friendships will be developed and the possibility of forming new teams always exists. These are the young curlers who will continue to meet and compete with each other for years to come.

**JOIN US!**  
**WE TRAIN PROVINCIAL/  
CANADIAN CHAMPIONS!!**

## **BUS TO AMETHYST**

We will once again be offering a bus service (for the northwestern Ontario corridor down Highway 11 through Timmins) to and from the Amethyst Curling Camp in Sudbury. The bus transportation form can also be accessed and downloaded online. We ask that our bus transportation form can also be mailed-in with your registration form. This bus is certainly a great assistance with transportation.

**Camp Director - Ryan Lafraniere**

## **How to Register -**

### **AMETHYST CURLING CAMP 2015**

(found at [www.amethystcurling.ca](http://www.amethystcurling.ca) or [curlno.ca](http://curlno.ca))

Complete the Registration Form and mail it with your cheque payable to Northern Ontario Curling Association. Form and cheque should be sent by mail or Priority Post:

~ Amethyst Curling Camp ~  
c/o Louise Hickey  
40 Greenwich Court  
Sudbury, Ontario  
P3A 6B5

If you plan to come to camp, it is important that you register early. The Sudbury location will draw campers from both southern and northern Ontario. Print and send your form and cheque today!

## **CAMP FEE**

The registration fee this year is \$863 + HST for a total of \$975. This cost includes all meals, transportation while at the camp, accommodations, instruction, special events, prizes, awards, camp picture and camp shirt.

## **CONTACTS**

**Northern Ontario Curling Association**

**Leslie Kerr**

Phone: (807) 597-8730 or (888) 597-8730

E-mail: [lesliekerr@curlno.ca](mailto:lesliekerr@curlno.ca)

**Ryan Lafraniere**

Phone: (705) 522-6789

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**Louise Hickey**

Phone: (705) 521-0283

E-mail: [lahickey@sympatico.ca](mailto:lahickey@sympatico.ca)

## **Payment Policy**

- A cheque for \$975 must accompany this application.
- The cheque may be post dated to February 1, 2015
- *Cheques post dated beyond February 1, 2015 will **not** be accepted*
- Cheques will be deposited only when the applicant is accepted into the camp.
- If a curler is not accepted into the camp, the cheque will be destroyed.
- If a curler is placed on our "wait list", the cheque will be held until a spot opens up.

*A cheque to "Northern Ontario Curling Association" must accompany your application.*

***We cannot accept faxed forms.  
Please send your entry by  
mail or priority post.***

## **Cancellation Policy**

- Before May 1, 2015 \$100.00
- May 1st - June 1st \$300.00
- After June 1st \$400.00  
*(if a replacement is available)*
- After June 1st \$500.00  
*(if no replacement is available)*

**"REGISTER EARLY"**