

COACHING COURSES:

CLUB COACH YOUTH and CLUB COACH



Coach Training is being planned in your area. If you are currently working on building membership, working with youth and new curlers, then this will help you give participants a great introduction to curling.

Date: January 13, 2018 – Club Coach Youth (9 a.m. to 5 p.m.)
Club Coach (9 a.m. to 5 p.m.)
January 14, 2018 – Club Coach cont'd (9 a.m. to noon)

Deadline for registration: January 3, 2018

Cost: Club Coach Youth \$145 + HST/person
Club Coach \$210 + HST/person
Location: Iroquois Falls Curling Club

Includes course materials and a great experience with knowledgeable facilitators.

Club Coach Youth (6 hours) (Jan. 13)

Club Coach Youth is designed for coaches who do not require certification but become involved on a voluntary (and often short-term) basis. Participants tend to work with curlers of all ages who are new to the sport, but most particularly with Little Rock Curlers. Coaches who take this one-day workshop will become a **trained** "Club Coach - Youth". Prerequisite: Must be a minimum of fourteen (14) years of age at the start of the course.

Course content:

- Setting the Scene, Ethical Coaching, Practice Planning, Safety, Game Orientation, Teaching the Delivery & Brushing Skills, Program Management, Games, Skills and Activities

Club Coach Workshop (12 hours – 1.5 days) (Jan. 13-14)

Technical - Coaches who take this two-day workshop will become a **trained** "Club Coach." This is a program designed to enhance the skill set of the coach or instructor who function primarily at the club level but whose teams are starting their competitive experience. Prerequisite: Must be a minimum of sixteen (16) years of age at the start of the course.

Course content:

- Role of the Coach and Organizational Management, Game Orientation, Rules & Etiquette, Safety, Warm-ups & Cool-downs, The Curling Delivery, Introduction to Strategy, Brushing. Ethical Coaching, Practices, Clinics, Skill Analysis

For information and to register go to and click on the "green" ticket:

[Club Coach](#)

[Club Coach Youth](#)

Or contact:

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