

Don't Hibernate This Winter...

Get Out and Curl!



Meet friends and have fun!

It's a social game — on and off the ice.



Be active!

Curling is a great way to stay fit.



Affordable & easy to learn!

Qualified instructors are available to help you get started.



Contact or Visit Your Local Curling Club Today!

Leagues Start Soon! Visit www.CurlNOCA.ca

