



**Policy Name:** Anti-Doping  
**Date Approved:** September 23, 2024  
**Next Review Date:** September 2027

## **PREAMBLE**

The Northern Ontario Curling Association has adopted the [Canadian Anti-Doping Program](#) (CADP).

By adopting the CADP, the Northern Ontario Curling Association has joined a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. The Northern Ontario Curling Association's anti-doping policy reflects and supports the CADP.

## **POLICY**

The Northern Ontario Curling Association has adopted the Canadian Anti-Doping Program (CADP). As part of the Northern Ontario Curling Association, all members are subject to Canada's anti-doping rules. The CADP involves seven core elements; Jurisdiction, Athlete Services, Education, Testing, Sample Collection, Results Management and Intelligence & Investigations. The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations, and is compliant with the World Anti-Doping Code and all international standards.

## **Important Information**

The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

### **Doping Control**

- Review the [sample collection procedures](#).
- Know your [anti-doping rights and responsibilities](#).
- Always [comply with a testing request](#) if you are notified for doping control.

## **Prohibited Substances & Methods**

- Check all medications and products before taking them to ensure they do not contain ingredients that are banned in sport.
- Verify your medical exemption requirements.
- Learn about the doping risks associated with supplement use and how to minimize them.

In addition to the rules of the Canadian Anti-Doping Program, curlers may also be subject to additional rules of the World Curling Federation (WCF). Learn more about the [WCF's anti-doping policies and procedures](#)

## **CCES Integrity Hotline**

Protecting clean and fair sport is a collective responsibility. The CCES Integrity Hotline provides Canadians with a secure and anonymous means to report suspected doping and competition manipulation, both of which are major threats to good sport.

- Text 1-888-441-CCES (2237)
- Call 1-888-441-CCES (2237)
- WhatsApp 1-888-441-CCES (2237)
- Email [integrity@cces.realresponse.com](mailto:integrity@cces.realresponse.com)

To ensure your anonymity, consider whether your email signature will be visible to the recipient.

[For more information and to view the Integrity Hotline FAQ](#)