

FEB 2019  
ISSUE

# NOCA NEWS

JACOBS EYES  
SECOND  
BRIER TITLE

U18 PROVINCIALS  
GO MARCH 6-10  
IN FORT FRANCES

AMETHYST CURLING  
CAMP RETURNING TO  
NORTH BAY JULY 1-5

CROISIER WINS GOLD!!!

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TEAM NORTHERN ONTARIO AT THE 2019 TIM HORTON'S BRIER

## NORTHERN ONTARIO'S TEAM JACOB'S EYES SECOND BRIER TITLE IN BRANDON

Curling fans across the country are plugged into TSN this week to cheer on their favourite teams and regional representatives at the 2019 Tim Horton's Brier.

Northern Ontario's Brad Jacobs rink is considered among the favourites to take this year's title and early event wins and a championship pool berth suggest they will be in the conversation this weekend.

Follow the team's progress on our Facebook and Twitter pages @CurINOCA or by following the hashtag #TeamNorthernOntario.

**LINK:** [Scoreboard](#)



## U18 FIELD SET

Congratulations to all of the U18 teams who have qualified for the U18 Provincial Championship set for March 6-10 at the Fort Frances Curling Club. Six teams per gender qualified out of Regional playdowns and the final two teams per gender qualified this past weekend at the East and West U18 Qualifiers.

The winners of the NOCA U18 Provincial Championship will represent Northern Ontario at the 2019 Canadian Under 18 Curling Championships, April 2-7 in Sherwood Park, AB.



FOLLOW TEAM BURGESS (PICTURED) AND OTHERS AT [CURLNOCA.CA/SCOREBOARD](http://CURLNOCA.CA/SCOREBOARD)

### BOYS TEAMS

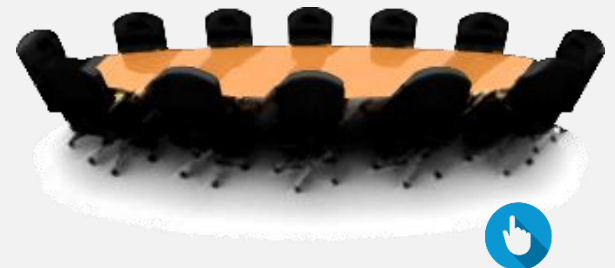
- O'Bright (North Bay)
- Morin (Red Lake)
- Macmichael (SSM)
- Landry (New Liskeard)
- Harding (Thunder Bay)
- Hales (SSM)
- Burgess (Kakabeka Falls)
- Duizer (Timmins)

### GIRLS TEAMS

- DeJoseph (Cochrane)
- Croisier (Sudbury)
- Amyot (New Liskeard)
- Toner (Sudbury)
- May (Blind River)
- Payne (Fort Frances)
- Hebert (Thunder Bay)
- Jolicoeur (Stratton)

## NOCA BOARD ELECTIONS

Three positions on the NOCA Board of Directors are up for election annually. This year the positions are Regions 1 and 5 Director, and a Director at Large. Region Directors are elected at the Spring Region meetings, and anyone interested in submitting a letter of interest for the Director at Large position must do so by April 15th. More information is available at [curlnoc.ca/about/region-directors/](http://curlnoc.ca/about/region-directors/)



CONGRATULATIONS to Curl Sudbury's Kira Brunton (left) and Tom Leonard (right) on winning the 2019 Northern Ontario Mixed Doubles Curling Championship at the Tarentorus Sports Club in Sault Ste. Marie March 1<sup>st</sup> - 3<sup>rd</sup>, 2019.

They advance to nationals in Fredericton.



# FAMILY AND FRIENDS FUN DAY IN NORTHERN ONTARIO



## WINNERS

## CLUB

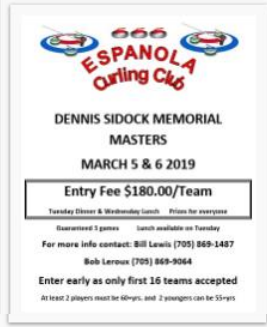
## PRIZE

Susie Rietdijk	Kakabeka Falls C.C.	2 Bearskin Airlines Tickets
Paula Hari	Kakabeka Falls C.C.	World Men's Ticket Package & \$200 Best Western Gift Card
D'Andrea Bron	Kakabeka Falls C.C.	Goldline Gift Card and Hat
Jan Hunt	Fort William Curling Club	\$200 Best Western Gift Card
Brynne Gard	Kakabeka Falls C.C.	Fear The Moose Hat
Jennifer Miller	Kakabeka Falls C.C.	Fear The Moose Jersey
Tim Milne	Geraldton Curlin Club	Goldline Gift Card and Hat
Kevin Graham	McIntyre C.C.	Goldline Gift Card and Hat
Kenzie McLean	Englehart C.C.	Jacobs Broom
Danylko Family	Kakabeka Falls C.C.	Goldline Gift Card and Hat

# BONSPIEL CALENDAR

**ESPANOLA: Dennis Sidock Memorial Masters**  
 @ Espanola Curling Club  
 All-day

MAR 5 TUE  
 6 WED



Espanola Curling Club DENNIS SIDOCK MEMORIAL MASTERS MARCH 5 & 6 2019 Enter early as only first 16 teams accepted Bill Lewis (705) 869-1487 Bob Leroux (705) 869-9064

**GERALDTON: 78th Annual Men's Bonspiel**  
 @ Geraldton Curling Club  
 All-day

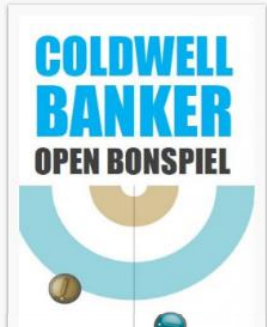
MAR 8 FRI  
 10 SUN



Come on out and join us for a great weekend of Curling! Entry includes: Friday Night Snack, Saturday Dinner, and Cash Prizes. For more information, contact Karen Saarimaki or Brian807-853-1118lefturl ...

**NORTH BAY: Coldwell Banker Open Bonspiel**  
 @ North Bay Granite Club  
 All-day

MAR 15 FRI  
 17 SUN



This is neither a cash spiel nor a prize spiel; it's an entertainment spiel! Food is provided all weekend, as well as two nights of first-rate musical entertainment featuring Jamie Williams on Saturday ...

**HAILEYBURY: Blarney Mixed Spiel**  
 @ Cobalt-Haileybury Curling Club  
 All-day

MAR 22 FRI  
 24 SUN



3 Events Guaranteed 3 games Friday Night Pizza Saturday Breakfast - Supper Blarney Cream Cash Prizes ALL INCLUDED

**KIRKLAND LAKE: Men's Closing Spiel**  
 @ Kirkland Lake Gold Curling Centre  
 All-day

MAR 29 FRI  
 31 SUN



This bonspiel is a fun event to end the season. Your entry fee includes: pizza Friday night, a Surf and Turf dinner Saturday night, live entertainment with Jamie Taylor and Rockslide Saturday and a gu ...

**NORTH BAY: HGS Summerspiel**  
 @ North Bay Granite Club  
 All-day

JUL 5 FRI  
 7 SUN



The 8th annual HGS Summerspiel at the North Bay Granite Club is OPEN FOR REGISTRATION! This year's event is bringing everyone back to their post-secondary days with a classic fraternity/sorority party ...

VIEW AND ADD EVENTS TO CLUB BONSPIEL CALENDAR AT:  
[CURLNOCA.CA/CALENDAR](http://CURLNOCA.CA/CALENDAR)

CONGRATULATIONS to Sarah Potts (Lead for Team Northern Ontario) on being presented with the Marj Mitchell Sportsmanship Award at the 2019 Scotties Tournament of Hearts.



CONGRATULATIONS to the Idylwyde's Team Croisier of Sudbury on winning GOLD at the 2019 Canada Winter Games!  
 Pictured (L-R) Shawn Croisier, Bella Croisier, Jamie Smith, Piper Croisier, Lauren Rajala



## **RONNEBECK: Positive Relationships with Parents of Athletes**

I found the following article on the Ohio University website promoting their online degree programs. It takes a positive approach to relating to parents who are involved in the lives of their children and young people. Parental involvement in our sport is necessary, important and it's crucial to ensure that the athlete is supported in as positive manner as possible. Perhaps this information will help you as you shape young lives.

### **6 Tips for Coaches when Communicating with Athlete's Parents**

*(excerpt from an online article  
courtesy of Ohio University)*

At the middle and high school levels, student athletes' parents and guardians are an important factor in an athlete's overall performance.

When coaches and athletic administrators take the opportunity to involve parents in a healthy and responsible way, it helps parents provide emotional support that can make a big difference in an athlete's ability to give their all. There are right ways and wrong ways to communicate with parents and guardians, so let's consider some of the best approaches.

#### **1) Communicate Coaching & Program Philosophy in a Pre-Season Meeting**

Every athletic program has its own core values and vision for creating an experience that helps student athletes grow and prosper – on and off the field. As new athletes and their families are introduced to a program for the first time, it's important to clarify and emphasize those values. Parents want to know that their children are getting involved in a program that will help them develop as athletes and individuals. Additionally, they want to understand your perspective as a coach, as it provides them with peace of mind. This open and honest communication also allows you to build rapport and trust with your athletes' parents.

#### **2) Ensure Updates on Program Basics are Communicated**

When the rubber meets the road, there are other things athletes and their

supporters at home need to know about. These include things like: the locations and times of practices and games; team requirements such as training, equipment, and off-season conditioning; and circumstances where disciplinary action might result in removal from a program. These details can change over time, so it's a good idea to list them in a centralized location, such on a website or regular newsletter. Make it easy for parents, guardians, and other involved adults to keep themselves informed.

#### **3) Make Time to Address Concerns With Parents**

Parents have a right to expect that they will be able to address important concerns with coaches. Giving parents the opportunity to set one-on-one meetings will allow them to find constructive ways to involve themselves with the program. For example, they may wish to discuss things like: the mental and physical well-being of their child, ways to help them improve, and how to manage their behavior. By working together, parents and coaches can help students meet their full potential, on and off the court – a partnership that can make a big difference.

#### **4) Set Appropriate Boundaries for Parent Communication.**

Although it's important to keep an open line of

communication with parents, it's also vital to set boundaries. Many parents will push against those boundaries, feeling that their student deserves special treatment or recognition. Before a one-on-one meeting and at the time it begins, it's a good idea to set ground rules. Discussions should avoid things like playing time, team strategy, play calling, and especially, the performance and behavior of other student athletes. As the most public face of the program, it may be your role to remind over-invested parents that it's just a game!

### **5) Encourage Parents to Take Ownership**

Only a small fraction of a student athlete's time is spent with coaches or administrators. With that in mind, the home environment is crucial. By starting from a place of positivity, you can use

parents' pride in their children's achievements to help you meet your mutual goals. Parents often react harshly to criticism because they want to feel that their parenting skills are superior and their children are special. Focus on concrete steps and avoid the temptation to lay blame, and parents will become your allies.

### **6) Make Sure Parents Know When They Need to Take Action**

One of the most important roles of the coach is to ensure the athletic program works for each and every student on the team. With that in mind, there are certain times when parents absolutely must take action. One of the most relevant examples is when schedule conflicts arise. This may require parents to do a little more "planning ahead" than they may be used to – it can help to emphasize that their student is now part of something bigger than any

one individual. Parents should also know when it's time to communicate in the event that a problem arises, and how to set up a meeting.

School-supported youth athletics can make a tremendous difference in students' lives. To make the most of it, the responsible adults around each athlete must play an active and positive role. By being clear, consistent, and welcoming, the coaching staff can set the stage for a positive and appropriate relationship. This relationship will have a tremendous impact on the athletic performance and, ultimately, the life lessons each student takes from their involvement in the sport.

Submitted by:

**ANDREA RONNEBECK**  
Education Manager – North  
[andrea.ronnebeck@curlnoca.ca](mailto:andrea.ronnebeck@curlnoca.ca)



REGISTER: Level 1 and/or Level 2 Ice Technician Courses June 2019 at the North Bay Granite Club.

- Level 2: June 13 – 16
- Level 1: June 15 – 16

[CLICK HERE FOR MORE INFO](#)



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**[FEARTHEMOOSE.ITEMORDER.COM](https://FEARTHEMOOSE.ITEMORDER.COM)**





# AMETHYSTCURLING.COM



## AMETHYST JR. CURLING CAMP

The 2019 Amethyst Camp is open for registrations! We are only accepting 64 campers and already have 32 people registered so don't delay if you or someone you know is interested in attending this fantastic summer curling camp. Mark your calendars for Monday July 1st to Friday July 5th.

The 2019 Amethyst Junior Curling Camp will be held in North Bay. All curling will take place at the North Bay Granite Curling Club, and campers will stay at Canadore College residence.

The camp will start on Monday July 1st with registration at 2 pm and campers will be ready for pick up at 1 pm Friday July 5th. The campers will be busy from 8 am to 11 pm daily, with adult supervision at all times.

### Learning topics:

Technical skills, strategy and Tactics, Team Dynamics, Nutrition and Fitness, Delivery Analysis, Sweeping, Goal Setting, Practice Planning, and more. Each group also has an offsite physical education session daily.

### Instructors:

We have some of the best

instructors in Ontario at this camp, many of whom have instructed at summer camps across Canada and overseas. The combined experience of our coaches includes coaching and/or competing at a provincial, national and international level – these are top notch instructors including Andrea Ronnebeck – coach of Team Fleury (Scotties), Lee Toner, fifth player for Team Jacobs (Brier), Sean Turriff – coach of Team McDonald (Brier), Amanda Gates (Team Enge), Maurice Wilson (HP Coach Ontario Curling Council). As well, Kira Brunton and Sara Guy (Team Brunton, New Holland Junior Curling Championships) will be Assistants again this year. Check out all of their bios at

amethystcurling.com.

### **Accommodation:**

Canadore College Residence – rooms are air-conditioned mini suites, with 2 bedrooms (each with a double bed), a bathroom, and a kitchenette (campers are not allowed to cook but may keep extra food, snacks and drinks in the fridge). Campers request their roommate and every effort is made to ensure their request is met.

### **Meals:**

Breakfast, Lunch, Supper, and 2 snacks are provided daily. There will be a pizza party Monday evening, as well as Thursday after the Great Shootout.

### **Amethyst Bus:**

We are pleased to again offer bus transportation from Thunder Bay, across Highway 11, down to North Bay picking up campers along the way. The bus is a great way to meet people and make friends before the camp even starts. There is a small fee for the return bus trip, and the bus is supervised by an adult male and adult female.

### **Non-Curling Activities:**

Events are planned daily to allow the campers to have some fun away from the club. This year we are planning some great social activities.

### **Bursaries:**

Six Bursaries are available to assist with registration fees. The deadline for the bursary applications is April 19th.

<http://amethystcurling.com/2019-amethyst-camp-bursaries/>

### **Registration Fee:**

The fee for the camp is \$995 (HST included) which covers all meals, accommodation, activities, awards, and a camp t-shirt. Payment can be made by credit card, cheque, or e-transfer. Contact [leslie.kerr@curlno.ca](mailto:leslie.kerr@curlno.ca) for e-transfer instructions.

Check out the Amethyst website and Facebook pages in the coming days and weeks for more information.

[amethystcurling.com](http://amethystcurling.com)

[facebook.com/amethystcurling](https://facebook.com/amethystcurling)





## PLAYDOWN REGISTRATION DEADLINES

EVENT	DEADLINE
BrokerLink Mixed Provincial	March 8 <sup>th</sup>

Note: all registrations close at NOON on the deadline date.



### NORTHERN ONTARIO SWEEPS ALL-STAR AWARDS AT STO

Congratulations to Thunder Bay's Team McCarville on qualifying for playoffs and each being awarded with an all-star award.

Krista (top left) with Kendra and Sarah (bottom right) placed on the second team all-start while Jen (top right) finished with the highest shooting percentage amongst Seconds at the event.





CONGRATULATIONS to Sudbury's Tracy Fleury (Skip) and Kenora's Andrea Ronnebeck (Coach) on winning the Manitoba Women's Provincial Curling Championship and recording a strong performance at the Scottie Tournament of Hearts.

Members of the Sturgeon Falls Curling Club gathered on Saturday March 23<sup>rd</sup> to brainstorm and train the coaching skills in preparation to offer their first ever Adult Learn to Curl Program. Way to go!!!



CONGRATULATIONS to our 2019 Provincial Wheelchair Curling Champions, Team Dean (Skip - Douglas Dean, Vice - Gino Sonego, Second - Rick Bell, Lead - Lola Graham, and Coach - Doug Gelmich of the Fort William Curling Club in Thunder Bay).

[CLICK HERE](#) to support the team's fundraising efforts as they get set to travel to Boucherville, QC Apr 26 - May 1.

# Thank You

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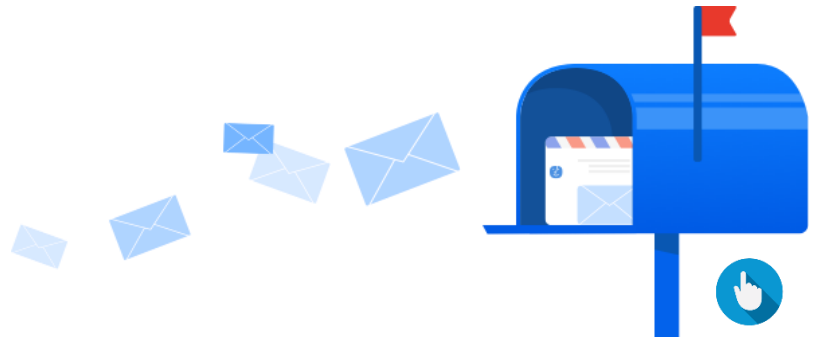


The Northern Ontario Curling Association's Newsletter "NOCA News" is published once a month. Please email your stories, photos and news items to [bobby.ray@curlnoc.ca](mailto:bobby.ray@curlnoc.ca) by the first of any month.

*Get Social with us!*



Click the mailbox on the right to celebrate Curling in Northern Ontario and subscribe to our new monthly newsletter.



Click "Submit Your Event" on the left to share your bonspiel details with us and have them appear on our web calendar at [curlnoc.ca/calendar](http://curlnoc.ca/calendar) in addition to posted on Facebook and Twitter.



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